

# The Do's & Don'ts Guide

Think before you put anything down your sinks, toilets and drains

## DO:

- ✓ Only flush the 3 Ps down the toilet - that is pee, poo and paper
- ✓ Try to use cleaning products little and often
- ✓ Try to spread your clothes washing throughout the week
- ✓ Use liquids, not powders in washing machines and dishwashers
- ✓ Use the manufacturers' recommended doses of household cleaning products in your white goods - relevant to the hardness of your local water
- ✓ Ensure your Diamond is subject to regular inspections and servicing

## DONT:

- ✗ Pour fat, grease or cooking oil down the sink or drains
- ✗ Frequently change liquid washing, dishwasher and other cleaning products
- ✗ Use salt-based water softeners
- ✗ Use household bleach and strong chemicals indiscriminately
- ✗ Tip bottles of medicine or mouth wash etc. down the sink, toilet or drains
- ✗ Use your waste disposal unit like a rubbish bin - try to use it sparingly
- ✗ Pour any garden chemicals, paint or car engine oil down the sink or drains

